MON	TUES	WED	THURS	FRI
PMF				
3	4	5	6	7
Breakfast: Long John, Juice, Low-Fat Milk	Breakfast: Breakfast Biscuit, Juice, Low-Fat Milk	Breakfast: Breakfast Pizza , Juice, Low-Fat Milk	Breakfast: Waffles, Sausage, Juice, Low-fat Milk	Breakfast: Omlet, Juice, Low-Fat Milk
Lunch: Mr. Ribb, French Fries, Salad Bar, Low-Fat Milk	Lunch: Spaghetti, Green Beans, Breadstick, Salad Bar, Low-Fat Milk	Lunch: Pulled Pork, TT, Cookie, Salad Bar, Low-Fat Milk	Lunch: Chicken Taco, Hash Brown, Apple Crisp, Salad Bar, Low- fat Milk	Lunch: Pizza, Corn, Salad Bar, Low-Fat Milk
10	11	12	13	14
Breakfast: Donut Holes, Juice, Low-Fat Milk	Breakfast: Breakfast Biscuit, Juice, Low-Fat Milk	Breakfast: Breakfast Bar, Juice, Low-Fat Milk	Breakfast: French Toast, Sausage, Juice, Low-fat Milk	Breakfast: Scrambled Eggs, Juice, Low-Fat Milk
Lunch: Sweet and Sour Pork, Rice, Veggies, Salad Bar, Low-Fat Milk	Lunch : Vegetable Beef Soup, Grilled Cheese, Cake, Salad Bar, Low- Fat Milk	Lunch: Tenderloin, Tater Tots, Salad Bar, Low-Fat Milk	Lunch: Beef and Noodles, Mashed Potatoes, Dinner Roll, Salad Bar, Low-fat Milk	Lunch: Crispito, Tortilla Chips, Orange Muffin, Salad Bar, Low-Fat Milk
17	18	19	20	21
Breakfast: Donut, Juice, Low-Fat Milk	Breakfast: Breakfast Biscuit, Juice, Low-Fat Milk	Breakfast: Breakfast Pizza, Juice, Low-Fat Milk	Breakfast: Pancake, Sausage, Juice, Low- Fat Milk	Breakfast: Biscuit and Gravy, Juice, Low-Fat Milk
Lunch: Tater Tot Casserole, Green Beans, Breadstick, Salad Bar, Low-Fat Milk	Lunch: Chicken Strips, Mashed Potato, C.C Bar, Salad Bar, Low- Fat Milk	Lunch: Chicken Stir Fry, Rice, Egg Roll, Salad Bar, Low-Fat Milk	Lunch: Hot Dog, Potato Wedges, Salad Bar, Low-Fat Milk	Lunch: Chicken Fried Steak, Mashed Potatoes, Dinner Roll, Salad Bar, Low-Fat Milk
24	25	26	27	28
Breakfast: Long John, Juice, Low-Fat Milk	Breakfast: Breakfast Biscuit, Juice, Low-Fat Milk	Breakfast: Breakfast Bar , Juice, Low-Fat Milk	Breakfast: Pancake on a Stick, Juice, Low-Fat Milk	Breakfast: Omlet, Juice, Low-Fat Milk
Lunch: Mac & Cheese, Little Smokies, Peas, Salad Bar, Low-Fat Milk	Lunch: Sloppy Joe, TT, Salad Bar, Low-Fat Milk	Lunch: Chili, Cinnamon Roll, Salad Bar, Low- Fat Milk	Lunch: Super Nacho, Taco Beans, Cookie, Salad Bar, Low-Fat Milk	Lunch: Grilled Chicken Sandwich, French Fries, Salad Bar, Low-Fat Milk
21	NOTEC			

31

NOTES

Breakfast: Donut Holes, Juice, Low-Fat Milk

Lunch: Corn Dog, Hash Browns Salad Bar, Low-Fat Milk